



Colchester United Community Sports Trust

Community Inclusion Programme

February Half Term 2012

Monday 13th Feb– Friday 17th Feb 2012



Sporting Activities for
Children & Young People in Colchester

**LOOK OUT FOR OUR
EASTER
SESSIONS!**

Football
Disability Sport
Multi-Sports
Girls Football

FREE



In partnership with;



Visit our website;

www.cucst.org.uk

Parent Consent Form

Please complete this form in **BLOCK CAPITALS**
Young Persons Details;

First name:		Surname:	
Male:		Female:	
Date of birth:		/	/

Address;

Home address:			
Postcode:		Telephone Number:	

Contact Details;

	Name:	Home Telephone	Mobile Telephone:
Emergency contact 1:			
Emergency contact 2:			

Current School attended;

School name:		School Year:	
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Ethnic origin of child;

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Does your child have any current medical conditions which may affect participation?

Yes:		No:		Details:	

Do you consider your child to have any special educational needs?

Yes:		No:		Details:	

Do you consider your child to have a disability?

Yes:		No:		Details:	

**CUCST staff can only be responsible for your child during the time of the session.
Please make arrangements for their safe journey to and from the session.**

Please print your name below:

I _____ give permission for the above named child to participate in the CUCST Community Inclusion sessions and relevant activities.

Signed:		Date:	
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We sometimes take photos for marketing & for funders. Please sign below only if you;
Do not wish your child to be photographed during sessions

Signed:		Date:	
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Once completed, please hand this form to a member of CUCST Staff

Activity venues & dates

Shrub End Community & Sports Centre, Boadicea Way, Colchester, CO2 9BG (3G pitch)

Day	Time	Activity	Age group	Cost
Mon 13 th February	3:00pm–4:00pm	Come & Play Football	6–16 years old	Free
Tues 14 th February	3:00pm–4:00pm	Come & Play Football	6–16 years old	Free
Wed 15 th February	3:00pm–4:00pm	Come & Play Football	6–16 years old	Free
Fri 17 th February	9:00pm–10:00p m	Streetball	11–18 years old	£1
Sun 19 th February	10:00am–12:00p m	Adult Pan Disability Training	16+	£1

King George V Playing Fields Wivenhoe, Colchester CO7 9QA

Tues 14 th February	11:00am–1:00p m	Football/Multi-sports	6–18 years old	Free
Thurs 16 th February	11:00am–1:00p m	Football/Multi-sports	6–18 years old	Free

PAYP Activities, Clacton Costal Academy, Coast Campus, Jaywick Lane, Clacton on Sea

Mon 13 th , Wed 15 th & Fri 17 th February	10:30am–3:30p m	*Football/Multi-sports	10–19 years old	Free
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*See leaflet on CUCST website for more details.

We advise that all participants bring:

Monkwick Adizone (grass)

Mon 13 th February	3:30pm–5:00pm	Football/Multi-sport	6–16 years old	Free
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St Annes MUGA, Off Harwich Road, Colchester, CO4 3DH (hard court & grass)

Tues 14 th February	3:30pm–5:00pm	Football/Multi-sport	6–16 years old	Free
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Weston Homes Community Stadium, United Way, Colchester, CO4 5UP (3G pitch)

Wed 15 th February	3:30pm–5:00pm	Football/Junior Disability	6–18 years old	Free
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- Packed Lunches for PAYP sessions
- Appropriate footwear for playing surface & weather
- Appropriate clothing for activity (rain jacket / gloves / hat)
- We recommend that all participants wear shin pads for the football sessions
- Plenty of soft drinks
- Goalkeeper gloves (optional)
- Completed parent consent form

No need to pre-book on our sessions

As long as each child has a completed Parent Consent Form, you can just turn up for the session at the specified time and venue.

The Parent Consent form is inside this leaflet.

Our friendly team of staff & volunteers are;

- Qualified coaches
- CRB checked
- First Aid qualified
- Child protection trained
- Health & safety trained
- Drug & alcohol awareness trained

For further information please contact:

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Zoe Rushen – Community Inclusion Officer
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Colchester CO2 9BG

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Registered Charity Number. 1088619

‘Changing Lives And Communities Through Sport’